

The part of Price list containing items relevant for foreign customers

## HEALTH EXPO

*10 Measurements and tests with final evaluation and counselling.*

	PRICE	TIME
• Cholesterin	90 CZK	<i>approx.</i> 5 min
• OMRON BF 511 (fat, BMI, visceral fat, weight, BMR)	50 CZK	5 min
• OMRON BF 306 (fat, BMI)	20 CZK	3 min
• OMRON M6 (Blood pressure, heart beat, arrhythmia detection)	20 CZK	3 min
• Harvard Step Test	20 CZK	10 min
• Lifestyle Test	10 CZK	5 min
• Counselling, recommendations	50 CZK	15 min
• Eight Info Banners Instalation (Informational and decorative scene)	400 CZK	per action

## ABROAD

Necessary conditions for foreign activities confirmation:

1. Travelling expenses refunding
  2. To provide Boarding and lodging
  3. Wage refunding
- a) Western Evrope countries
- b) Central and East European countries (former Red Block states)

a) Western Evrope countries	1 000 CZK	Day
b) Central and East European countries (former Red Block states)	500 CZK	Day

### Activities guaranteed by:

Roman Uhrin, Life&Health lecturer and coordinator since 1993. Vegetarian restaurants Chef cook and cookbooks author, lifestyle author, instructor and presenter in many different countries. Lifestyle & Health lecturer at kindergartens and P/S schools. Czech Health Clubs coordinator.

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